

Helping

- ◆ Helping is based on inequality.
- ◆ Helping is using your own strength to help those with lesser strength.
- ◆ Helping incurs debt - someone owes us one.
- ◆ Helping gives us a feeling of satisfaction.
- ◆ Helping can take away from people their ability to be part of the solution.
- ◆ Helping can foster low self-esteem and sense of worth.
- ◆ Helping can be draining and depleting and cause burn out.

Fixing

- ◆ When I fix, I perceive a person as broken.
- ◆ In fixing, there is inequality of expertise.
- ◆ Fixing results in dependence.
- ◆ Fixing is taking over responsibilities of another person.
- ◆ Fixing robs people the freedom of being themselves as you correct or alter them to be the way you want them to be.
- ◆ Fixing is an experience of mastery.
- ◆ Fixing can become a controlling mechanism.

Serving

- ◆ Service is a relationship between equals.
- ◆ Service takes the focus away from us and puts it on those we serve.
- ◆ Serving fosters a feeling of gratitude.
- ◆ Serving is the work of the soul.
- ◆ Serving helps the one serving as well as others.
- ◆ Service is renewing.
- ◆ Serving is being a servant.
- ◆ Serving is honoring the knowledge of those you serve.
- ◆ Serving is responding to a problem and collaborating with others to find a solution.
- ◆ Serving is asking questions, i.e. "what support is needed to be successful."
- ◆ Serving is listening.
- ◆ Serving is empowering people.
- ◆ Serving models Jesus.

When we *help*, we see life as weak.

When we *fix*, we see life as broken.

When we *serve*, we see ourselves as servants who are part of God's story.