



## VIS Serving Opportunities Descriptions

**MISSION: Empowering Christians to join Christ's work in their community.**

Volunteers In Service (VIS) works to place faith-based volunteers alongside of people who can use some help and/or support.

### Services Opportunities

#### Friendly Visitor

A friend to visit 2-3 times a month, possibly more often if both the volunteer and person being visited agree. This will be done by someone of the same gender as the person they are visiting.

#### Housework

Help with occasional housekeeping (i.e. sweeping, mopping, vacuuming, dusting, cleaning bathrooms, laundry, etc.). Volunteers do not help with preparation for extermination of pests.

#### Minor Home Repairs

May include painting, dry wall repair, handyman projects, and other small projects. Volunteers do not replace roofs, do exterior work on the second story, or do extensive repairs. The homeowner is asked to provide or pay for any supplies needed.

#### Mother's Helper

Someone to help a young mom with chores, playing with children while mom has time to herself, and just being a supportive friend. Volunteers are not permitted to babysit; mom has to be in the house at all times.

#### Phone and/or Card Visitor

A friend to phone or send cards 2-3 times a month.

#### Respite

Someone to sit with an adult who cannot be left alone. Volunteers do not do any personal care, i.e. toileting or bathing, and they can stay for 2-3 hours. Could be one-time or ongoing.

#### Transportation

Take people to the grocery store, medical appointments, bank, pharmacy, etc. Volunteers, generally, will be given at least two weeks' notice.

#### Yard Work

Mowing, raking, cleaning up, planting flowers, spreading mulch, or any other yard work that may be needed.

Because we rely on churches to find people to help, those helping are considered a volunteer of the church, not a VIS volunteer. For more information on volunteering contact:

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